

# Daily Prayers

for Individuals

from Advent to the Christmas Season



St. Stephen's Parish

Episcopal Church in the Philippines

Adapted from the Book of Common Prayer 1979

# Morning Prayer

*You may begin by listen to or sing a song to begin*

## **Opening**

*One of the following may be said*

### *Advent*

Watch , for you know not when the master of the house will come, in the evening, or at midnight, or at cockcrow, or in the morning; lest he come suddenly and find you asleep. *Mark 13:35, 36*

In the wilderness prepare the way of the Lord, make straight in the desert a highway for our God. *Isaiah 40:3*

The glory of the Lord shall be revealed, and all flesh shall see it together. *Isaiah 40:5*

### *Christmas*

Behold, I bring you good news of a great joy, which will come to all the people; for unto you is born this day in the city of David, a Savior, who is Christ the Lord. *Luke 2:10, 11*

Behold, the dwelling of God is with mankind. He will dwell with them, and they shall be his people, and God himself will be with them, and be their God. *Revelation 21:3*

## **Confession of Sin**

*Silence may be kept.*

Most merciful God, I confess that I have sinned against you in thought, word, and deed, by what I have done, and by what I have left undone. I have not loved you with my whole heart; I have not loved my neighbors as myself. I am truly sorry and I humbly repent. For the sake of your Son Jesus Christ, have mercy on me and forgive me; that I may

delight in your will, and walk in your ways, to the glory of your Name.  
Amen.

## **The Invitatory**

Lord, open my lips and my mouth shall proclaim your praise.

*Either one of the following may be said*

### **Venite** *Psalm 95:1-7*

Come, let us sing to the Lord; \*

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving \*

and raise a loud shout to him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are the caverns of the earth, \*

and the heights of the hills are his also.

The sea is his, for he made it, \*

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, \*

and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand. \*

Oh, that today you would hearken to his voice!

### **Jubilate** *Psalm 100*

Be joyful in the Lord, all you lands; \*

serve the Lord with gladness

and come before his presence with a song.

Know this: The Lord himself is God; \*

he himself has made us, and we are his;

we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;

go into his courts with praise; \*  
give thanks to him and call upon his Name.  
For the Lord is good;  
his mercy is everlasting; \*  
and his faithfulness endures from age to age.

## **The Psalm**

*Refer to the Daily Office Lectionary for the assigned Psalm.*

### *Gloria Patri*

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

## **The Lessons**

*Refer to the Daily Office Lectionary for the assigned Lessons. Silence may be kept after each reading.*

## **Apostles' Creed**

I believe in God, the Father almighty,  
creator of heaven and earth;  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,

the communion of saints,  
the forgiveness of sins  
the resurrection of the body,  
and the life everlasting. Amen.

## The Prayers

### *The Lord's Prayer*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## Suffrages

*The following sets of prayers may be used or personal prayers may be offered.  
Spontaneous prayers may also be said before each line.*

### *Set A*

- ❖ Show us your mercy, O Lord; and grant us your salvation.
- ❖ Clothe your ministers with righteousness; let your people sing with joy.
- ❖ Give peace, O Lord, in all the world; for only in you can we live in safety.
- ❖ Lord, keep this nation under your care; and guide us in the way of justice and truth.
- ❖ Let your way be known upon earth; your saving health among all nations.
- ❖ Let not the needy, O Lord, be forgotten; nor the hope of the poor be taken away.
- ❖ Create in us clean hearts, O God; and sustain us with your Holy Spirit.

*Set B*

- ❖ Save your people, Lord, and bless your inheritance; govern and uphold them, now and always.
- ❖ Day by day we bless you; we praise your name for ever.
- ❖ Lord, keep us from all sin today; have mercy upon us, Lord, have mercy.
- ❖ Lord, show us your love and mercy; for we put our trust in you.
- ❖ In you, Lord, is our hope; and we shall never hope in vain.

**Collects**

*Any of the following Collects may be said*

*A Collect for Sundays*

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. *Amen.*

*A Collect for Fridays*

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. *Amen.*

*A Collect for Saturdays*

Almighty God, who after the creation of the world rested from all your works and sanctified a day of rest for all your creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a

preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord. *Amen.*

*A Collect for the Renewal of Life*

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. *Amen.*

*A Collect for Peace*

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. *Amen.*

*A Collect for Grace*

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. *Amen.*

*A Collect for Guidance*

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. *Amen.*

## **Prayers for Mission**

*Either one of these prayers for mission may be used.*

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen.*

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

## **The General Thanksgiving**

Almighty God, Father of all mercies, I your unworthy servant give you humble thanks for all your goodness and loving-kindness to me and to all whom you have made. I bless you for my creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, I pray, give me such an awareness of your mercies, that with truly thankful hearts I may show forth your praise, not only with my lips, but in my life, by giving up myself to your service, and by walking before you in holiness and righteousness all my days; through Jesus Christ our Lord, to whom,

with you and the Holy Spirit, be honor and glory throughout all ages.  
Amen.

*A song may be sung to close.*

# Noonday Prayer

O God, make speed to save us.

O Lord, make haste to help us.

Glory to the Father, to the Son, and to the Holy Spirit: as it was in the beginning, is now and will be forever. Amen.

*Read either one of the Psalms below*

***Psalm 119 Lucerna pedibus meis***

105 Your word is a lantern to my feet and a light upon my path.

106 I have sworn and am determined to keep your righteous judgments.

107 I am deeply troubled; preserve my life, O LORD, according to your word.

108 Accept, O LORD, the willing tribute of my lips, and teach me your judgments.

109 My life is always in my hand, yet I do not forget your law.

110 The wicked have set a trap for me, but I have not strayed from your commandments.

111 Your decrees are my inheritance for ever; truly, they are the joy of my heart.

112 I have applied my heart to fulfill your statutes for ever and to the end.

***Psalm 121 Levavi oculos***

1 I lift up my eyes to the hills; where is my help to come?

2 My help comes from the LORD, maker of heaven and earth.

3 He will not let your foot be moved and he who watches over you will not fall asleep.

4 Behold, he who keeps watch over Israel neither slumber nor sleep;

5 The LORD himself watches over you; the LORD is your shade at your right hand,

6 So that the sun shall not strike you by day, the moon by night.

7 The LORD shall preserve you from all evil; is he who shall keep you safe.

8 The LORD shall watch over your going out and your coming in, from this time forth for evermore.

***Psalm 126 In convertendo***

- 1 When the LORD restored the fortunes of Zion, then were we like those who dream.
- 2 Then was our mouth filled with laughter, and our tongue with shouts of joy.
- 3 Then they said among the nations, "The LORD has done great things for them."
- 4 The LORD has done great things for us, and we are glad indeed.
- 5 Restore our fortunes, O LORD, like the watercourses of the Negev.
- 6 Those who sowed with tears will reap with songs of joy.
- 7 Those who go out weeping, carrying the seed, will come again with joy, shouldering their sheaves.

*At the end of the Psalm, say*

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

*One of the following, or some other suitable passage of Scripture, is read*

The love of God has been poured into our hearts through the Holy Spirit that has been given to us. *Romans 5:5*

If anyone is in Christ he is a new creation; the old has passed away, behold the new has come. All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation.

*2 Corinthians 5:17-18*

From the rising of the sun to its setting my Name shall be great among the nations, and in every place incense shall be offered to my Name, and a pure offering; for my Name shall be great among the nations, says the Lord of Hosts. *Malachi 1:11*

*A meditation, silent or spoken, may follow.*



# Compline

*The Compline is used in the evening before retiring to bed.*

*Say the following*

May the Lord Almighty grant me a peaceful night and a perfect end. *Amen.*

My help is in the Name of the Lord; the maker of heaven and earth.

## **Confession of Sin**

Almighty God, our heavenly Father: I have sinned against you, through my own fault, in thought, and word, and deed, and in what I have left undone. For the sake of your Son our Lord Jesus Christ, forgive my offenses; and grant that I may serve you in newness of life, to the glory of your Name. Amen.

## **The Psalm**

O God, make speed to save us. O Lord, make haste to help us.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

*One or more of the following Psalms are said.*

*Psalm 4 Cum invocarem*

- 1 Answer me when I call, O God, defender of my cause; \*  
you set me free when I am hard-pressed;  
have mercy on me and hear my prayer.
- 2 "You mortals, how long will you dishonor my glory; \*  
how long will you worship dumb idols  
and run after false gods?"
- 3 Know that the LORD does wonders for the faithful; \*  
when I call upon the LORD, he will hear me.
- 4 Tremble, then, and do not sin; \*  
speak to your heart in silence upon your bed.

- 5 Offer the appointed sacrifices \*  
and put your trust in the LORD.
- 6 Many are saying,  
"Oh, that we might see better times!" \*  
Lift up the light of your countenance upon us, O LORD.
- 7 You have put gladness in my heart, \*  
more than when grain and wine and oil increase.
- 8 I lie down in peace; at once I fall asleep; \*  
for only you, LORD, make me dwell in safety.

*Psalms 31 In te, Domine, speravi*

- 1 In you, O LORD, have I taken refuge;  
let me never be put to shame: \*  
deliver me in your righteousness.
- 2 Incline your ear to me; \*  
make haste to deliver me.
- 3 Be my strong rock, a castle to keep me safe,  
for you are my crag and my stronghold; \*  
for the sake of your Name, lead me and guide me.
- 4 Take me out of the net that they have secretly set for me, \*  
for you are my tower of strength.
- 5 Into your hands I commend my spirit, \*  
for you have redeemed me,  
O LORD, O God of truth.

*Psalms 91 Qui habitat*

- 1 He who dwells in the shelter of the Most High \*  
abides under the shadow of the Almighty.
- 2 He shall say to the LORD,  
"You are my refuge and my stronghold, \*  
my God in whom I put my trust."
- 3 He shall deliver you from the snare of the hunter \*  
and from the deadly pestilence.
- 4 He shall cover you with his pinions,  
and you shall find refuge under his wings; \*  
his faithfulness shall be a shield and buckler.

- 5 You shall not be afraid of any terror by night, \*  
nor of the arrow that flies by day;
- 6 Of the plague that stalks in the darkness, \*  
nor of the sickness that lays waste at mid-day.
- 7 A thousand shall fall at your side  
and ten thousand at your right hand, \*  
but it shall not come near you.
- 8 Your eyes only have to behold \*  
to see the reward of the wicked.
- 9 Because you have made the LORD your refuge, \*  
and the Most High your habitation,
- 10 There shall no evil happen to you, \*  
neither shall any plague come near your dwelling.
- 11 For he shall give his angels charge over you, \*  
to keep you in all your ways.
- 12 They shall bear you in their hands, \*  
lest you dash your foot against a stone.
- 13 You shall tread upon the lion and the adder; \*  
you shall trample the young lion and the serpent  
under your feet.
- 14 Because he is bound to me in love,  
therefore will I deliver him; \*  
I will protect him, because he knows my Name.
- 15 He shall call upon me, and I will answer him; \*  
I am with him in trouble;  
I will rescue him and bring him to honor.
- 16 With long life will I satisfy him, \*  
and show him my salvation.

*Psalm 134 Ecce nunc*

- 1 Behold now, bless the LORD, all you servants of the LORD, \*  
you that stand by night in the house of the LORD.
- 2 Lift up your hands in the holy place and bless the LORD; \*  
the LORD who made heaven and earth bless you out of Zion.

## Readings

*One of the following, a passage from the Daily Office Lectionary, or some other suitable passage of Scripture, is read*

Lord, you are in the midst of us, and we are called by your Name: Do not forsake us, O Lord our God. *Jeremiah 14:9,22*

Come to me, all who labor and are heavy-laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. *Matthew 11:28-30*

May the God of peace, who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do his will, working in you that which is pleasing in his sight; through Jesus Christ, to whom be glory for ever and ever. *Hebrews 13:20-21*

Be sober, be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith. *1 Peter 5:8-9a*

## The Prayers

Into your hands, O Lord, I commend my spirit; for you have redeemed me, O Lord, O God of truth. Keep me, O Lord, as the apple of your eye; hide me under the shadow of your wings.

*Kyrie*

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

*Say one of the following Collects*

Be our light in the darkness, O Lord, and in your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. Amen.

Be present, O merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of this life may rest in your eternal changelessness; through Jesus Christ our Lord. Amen.

Look down, O Lord, from your heavenly throne, and illumine this night with your celestial brightness; that by night as by day your people may glorify your holy Name; through Jesus Christ our Lord. Amen.

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. Amen.

## **Conclusion**

Guide me waking, O Lord, and guard me sleeping; that awake I may watch with Christ, and asleep I may rest in peace. Alleluia, alleluia, alleluia.

### *Song of Simeon*

Lord, you now have set your servant free \*  
to go in peace as you have promised;

For these eyes of mine have seen the Savior, \*  
whom you have prepared for all the world to see:

A Light to enlighten the nations, \*  
and the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

# Readings from the Daily Office Lectionary 2020

	<i>November 23, 2020</i>	<i>November 24, 2020</i>	<i>November 25, 2020</i>	<i>November 26, 2020</i>	<i>November 27, 2020</i>	<i>November 28, 2020</i>
<b>Psalm (AM)</b>	Psalm 106:1-8	Psalm 121	Psalm 119:145-176	Psalm 131	Psalm 140	Psalm 144
<b>Psalm (PM)</b>	Psalm 106:19-48	Psalm 124	Psalm 128	Psalm 134	Psalm 141	Psalm 104
<b>Old Testament</b>	Zechariah 10:1-12	Zechariah 11:4-17	Zechariah 12:1-10	Zechariah 13:1-9	Zechariah 14:1-11	Zechariah 14:12-21
<b>New Testament</b>	Galatians 6:1-10	1 Corinthians 3:10-23	Ephesians 1:3-14	Ephesians 1:15-23	Romans 15:7-13	Philippians 2:1-11
<b>Gospel</b>	Luke 18:15-30	Luke 18:31-43	Luke 19:1-10	Luke 19:11-27	Luke 19:28-40	Luke 19:41-48

## Advent Week 1

	<i>November 30, 2020</i>	<i>December 1, 2020</i>	<i>December 2, 2020</i>	<i>December 3, 2020</i>	<i>December 4, 2020</i>	<i>December 5, 2020</i>
<b>Psalm (AM)</b>	Psalm 146	Psalm 5	Psalm 119:1-24	Psalm 18:1-19	Psalm 16	Psalm 20
<b>Psalm (PM)</b>	Psalm 111	Psalm 10	Psalm 12	Psalm 18:20-50	Psalm 22	Psalm 110
<b>Old Testament</b>	Isaiah 1:1-9	Isaiah 1:21-31	Isaiah 2:1-11	Isaiah 2:12-22	Isaiah 3:8-15	Isaiah 4:2-6
<b>New Testament</b>	2 Peter 3:1-10	1 Thessalonians 2:1-12	1 Thessalonians 2:13-20	1 Thessalonians 3:1-13	1 Thessalonians 4:1-12	1 Thessalonians 4:13-18
<b>Gospel</b>	Matthew 25:1-13	Luke 20:9-18	Luke 20:19-26	Luke 20:27-40	Luke 20:41-21:4	Luke 21:5-19

## Advent Week 2

	<i>December 7, 2020</i>	<i>December 8, 2020</i>	<i>December 9, 2020</i>	<i>December 10, 2020</i>	<i>December 11, 2020</i>	<i>December 12, 2020</i>
<b>Psalm (AM)</b>	Psalm 25	Psalm 26	Psalm 38	Psalm 37:1-17	Psalm 31	Psalm 30
<b>Psalm (PM)</b>	Psalm 9	Psalm 36	Psalm 119:25-48	Psalm 37:18-40	Psalm 35	Psalm 42
<b>Old Testament</b>	Isaiah 5:8-12, 18-23	Isaiah 5:13-17, 24-25	Isaiah 6:1-13	Isaiah 7:1-9	Isaiah 7:10-25	Isaiah 8:1-15
<b>New Testament</b>	1 Thessalonians 5:1-11	1 Thessalonians 5:12-28	2 Thessalonians 1:1-12	2 Thessalonians 2:1-12	2 Thessalonians 2:13-3:5	2 Thessalonians 3:6-18
<b>Gospel</b>	Luke 21:20-28	Luke 21:29-38	John 7:53-8:11	Luke 22:1-13	Luke 22:14-30	Luke 22:31-38

Advent Week 3

	<i>December 14, 2020</i>	<i>December 15, 2020</i>	<i>December 16, 2020</i>	<i>December 17, 2020</i>	<i>December 18, 2020</i>	<i>December 19, 2020</i>
<b>Psalm (AM)</b>	Psalm 41	Psalm 45	Psalm 119:49-72	Psalm 50	Psalm 40	Psalm 55
<b>Psalm (PM)</b>	Psalm 44	Psalm 47	Psalm 49	Psalm 33	Psalm 51	Psalm 138
<b>Old Testament</b>	Isaiah 8:16-9:1	Isaiah 9:1-7	Isaiah 9:8-17	Isaiah 9:18-10:4	Isaiah 10:5-19	Isaiah 10:20-27
<b>New Testament</b>	2 Peter 1:1-11	2 Peter 1:12-21	2 Peter 2:1-10a	2 Peter 2:10b-16	2 Peter 2:17-22	Jude 17-25
<b>Gospel</b>	Luke 22:39-53	Luke 22:54-69	Mark 1:1-8	Matthew 3:1-12	Matthew 11:2-15	Luke 3:1-9

Advent Week 4 to Christmas Day

	<i>December 21, 2020</i>	<i>December 22, 2020</i>	<i>December 23, 2020</i>	<i>December 24, 2020</i>	<i>December 25, 2020</i>
<b>Psalm (AM)</b>	Psalm 61	Psalm 66	Psalm 72	Psalm 45	Psalm 2
<b>Psalm (PM)</b>	Psalm 62	Psalm 116	Psalm 111	-	Psalm 110
<b>Old Testament</b>	Isaiah 11:1-9	Isaiah 11:10-16	Isaiah 28:9-22	Isaiah 35:1-10	Zechariah 2:10-13
<b>New Testament</b>	Revelation 20:1-10	Revelation 20:11-21:8	Revelation 21:9-21	Revelation 22:12-17, 21	1 John 4:7-16
<b>Gospel</b>	John 5:30-47	Luke 1:5-25	Luke 1:26-38	Luke 1:67-80	John 3:31