

# The Holy Eucharist

7<sup>th</sup> Sunday after Pentecost

July 24, 2022

## Prelude

## Opening Rites

*The officiant may start with the following verses*

Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my strength and my redeemer. *Psalm 19:14*

## Opening Song

### #11 - "Praise to The Lord, The Almighty"

Praise to the Lord,  
the Almighty, the King of Creation!  
O my soul praise Him,  
for He is thy health and salvation!  
All ye who hear, now to His temple draw near;  
Join me in glad adoration!

Praise to the Lord,  
who o'er all things so wondrously reigneth!  
Shelters thee under His wings,  
yea, so gently sustaineth!  
Hast thou not seen how thy desires e'er have been,  
Granted in what He ordaineth?

Praise to the Lord,  
who doth prosper thy work and defend thee;  
Surely His goodness and mercy  
here daily attend thee.  
Ponder anew what the Almighty can do,  
If with His love He befriend thee!

## “讚美全能的主上帝”

- 1 讚美全能的主上帝，  
人類的大君王，  
有大權力會拯救你，  
你當讚美尊崇，  
聽見的人當進入祂的聖所，  
大家同心齊聲歡呼。
- 2 讚美奇妙的主上帝，  
咱當一齊歌唱，  
祂照顧你不受災害，  
軟弱得着剛強，  
心所祈求照祂應允得賞賜，  
祂的恩典實在豐富。
- 3 讚美上主賜你興旺，  
以聖手保護你，  
祂有慈愛又有憐憫，  
常常看顧無離，  
你當思念主的愛極深極大，  
全能聖手扶持引導。

Praise to the Lord,  
O let all that is in me adore Him!  
All that hath life and breath,  
come now with praises before Him.  
Let the Amen sound from His people again,  
Gladly for aye we adore Him. Amen.

### **Greeting**

*All standing*

V. The Lord be with you.

R. And also with you.

V. Praise be to God: Father, Son, and Holy Spirit.

R. And praise be to His kingdom now and forever.

*The Celebrant may say the following prayer or any other appropriate prayer*

O God, our Creator and Redeemer, as we come before Your presence this morning, fill our hearts and minds with the awe of You and cause us to satisfy You in our worship and give You the honor You deserve through all that we do; through Christ our Lord. Amen.

### **Song of Praise**

*When appointed, the following hymn or some other song of praise is sung or said, all standing*

*Gloria S280*

Glory to God in the highest,  
and peace to His people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship You, we give You thanks,  
we praise You for Your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
You take away the sin of the world:  
have mercy on us;  
You are seated at the right hand of the Father:  
receive our prayer.

For You alone are the Holy One,  
You alone are the Lord,  
You alone are the Most High,

4 咱當滿心讚美天父，  
讚美祂大權能，  
世間衆人都當齊聲，  
讚美在祂面前，  
吟講阿們救主榮光大顯現，  
永遠讚美祂的恩典。阿們。

Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

### **Collect of the Day**

*The Celebrant says to the people*

The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

*The Celebrant says the Collect.*

O God, the protector of all who trust in You, without whom nothing is strong, nothing is holy: Increase and multiply upon us Your mercy that, with You as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. Amen.

*People* Amen.

## The Liturgy of the Word

### **The Lessons**

*The people sit.*

*Proverbs 3:1-8 (page 548 of pew Bibles)*

- <sup>1</sup> My son, do not forget my law,  
But let your heart keep my commands;
- <sup>2</sup> For length of days and long life  
And peace they will add to you.
- <sup>3</sup> Let not mercy and truth forsake you;  
Bind them around your neck,  
Write them on the tablet of your heart,
- <sup>4</sup> *And* so find favor and high esteem  
In the sight of God and man.
- <sup>5</sup> Trust in the LORD with all your heart,  
And lean not on your own understanding;
- <sup>6</sup> In all your ways acknowledge Him,  
And He shall direct your paths.
- <sup>7</sup> Do not be wise in your own eyes;  
Fear the LORD and depart from evil.
- <sup>8</sup> It will be health to your flesh,  
And strength to your bones.

*After each Reading, the Reader may say*

The word of the Lord.

*People* Thanks be to God.

*Philippians 3:12-16 (page 1018 of pew Bibles)*

<sup>12</sup>Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me. <sup>13</sup>Brethren, I do not count myself to have apprehended; but one thing *I do*, forgetting those things which are behind and reaching forward to those things which are ahead, <sup>14</sup>I press toward the goal for the prize of the upward call of God in Christ Jesus. <sup>15</sup>Therefore let us, as many as are mature, have this mind; and if in anything you think otherwise, God will reveal even this to you. <sup>16</sup>Nevertheless, to *the degree* that we have already attained, let us walk by the same rule, let us be of the same mind.

*After each Reading, the Reader may say*

The word of the Lord.

*People* Thanks be to God.

## **Anthem**

### **“Christians, Arise!”**

Niles Borop | Dwight Liles | David Maddux  
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Standing robed in righteousness,  
The Lamb of God in angels' midst;  
His head and hair are white as wool  
And white as snow  
There is fire in His piercing eyes,  
His face is like the sun that shines,  
His voice like mighty waters overflows.  
This One who towers above  
all myths and story,  
He is Jesus the Messiah in all His glory!

Christians, arise!  
Before you stands the Son of God!  
The hope of fallen men, conqueror of sin!  
Christians, arise!  
Before you stands the Prince of Peace!  
Let lesser loyalties bow before His majesty  
The Son, the Son of God!

His blood is running thru our veins;  
We are His heirs, we share His name;  
Our bonds are deeper than mere words  
Could dare describe  
We can do all things because of Him,  
There's nothing we can't come against;  
In all things we are overcomers by His side.  
Who is this One whose love both binds and  
frees us?  
He is Savior! He is Master!  
He is Lord Jesus!

Christians, arise!  
Before you stands the Son of God!  
The hope of fallen men, conqueror of sin!  
Christians, arise!  
Before you stands the Prince of Peace!  
Let lesser loyalties bow before His majesty,  
Our Rock, our Strength,  
our Help, our All; Christians arise!  
Before you stands the Son of God!

## **The Gospel**

*Then, all standing, the Deacon or a Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Matthew 10:16-22.

*People* Glory be to Thee, O Lord.

*Matthew 10:16-22 (page 841 of pew Bibles)*

<sup>16</sup>“Behold, I send you out as sheep in the midst of wolves. Therefore be wise as serpents and harmless as doves. <sup>17</sup>But beware of men, for they will deliver you up to councils and scourge you in their synagogues. <sup>18</sup>You will be brought before governors and kings for My sake, as a testimony to them and to the Gentiles. <sup>19</sup>But when they deliver you up, do not worry about how or what you should speak. For it will be given to you in that hour what you should speak; <sup>20</sup>for it is not you who speak, but the Spirit of your Father who speaks in you. <sup>21</sup>“Now brother will deliver up brother to death, and a father *his* child; and children will rise up against parents and cause them to be put to death. <sup>22</sup>And you will be hated by all for My name’s sake. But he who endures to the end will be saved.

*After the Gospel, the Reader says*

The Gospel of the Lord.

*People* Praise be to Thee, O Christ.

**The Sermon** by Rev. Stewart Young ( <https://youtu.be/8wY5gmfdNIw> )

**The Nicene Creed** (*p.4 of Blue Prayer Book*)

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through Him all things were made.  
For us men and for our salvation  
He came down from heaven:  
conceived by the Holy Spirit  
He became incarnate from the virgin Mary,  
and was made man.  
For our sake He was crucified under Pontius Pilate;

He suffered death and was buried.  
On the third day He rose again  
in accordance with the Scriptures;  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son He is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### **The Prayers of the People**

I ask your prayers for God's people throughout the world; for our Prime Bishop, Brent; for our Diocesan Bishop, Rex; for this gathering; and for all ministers and people. Pray for the Church.

*Silence*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

*Silence*

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

*Silence*

I ask your prayers for all who seek God, or a deeper knowledge of Him. Pray that they may find and be found by Him.

*Silence*

Praise God for those in every generation in whom Christ has been honored [especially \_\_\_\_\_ whom we remember today]. Pray that we may have grace to glorify Christ in our own day.

*Silence*

Let us pray for our own needs and those of others.

*Silence*

*Officiant*

Lord, hear the prayers of *Thy* people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of *Thy* Name; through Jesus Christ our Lord. *Amen.*

**Confession** (*p.7 of Blue Prayer Book*)

*The Celebrant may read one of the following sentences*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

1 John 1:8,9

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Minister and People*

Most merciful God, we confess that we have sinned against You in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved You with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of Your Son Jesus Christ, we pray You of Your mercy: forgive what we have been, amend what we are, direct what we shall be; that we may delight in Your will, and walk in Your ways, to the glory of Your Name. Amen.

*The Bishop, when present, or the Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

**Prayer of Humble Access**

Most merciful Lord, we do not trust in our own merits to come to Your table, but in Your boundless grace. You have invited us to come to the table of the Kingdom of Heaven. Help us to partake of the body and blood of Your Son, Jesus Christ, that we may ever-more live in Him, and He in us. Amen.

**The Peace** (*p.9 of Blue Prayer Book*)

*All stand. The Celebrant says to the people*

Our Lord Jesus Christ says: "Peace I leave with you; my peace I give to you. Not as the world gives do I give to you."

*Celebrant*           The peace of the Lord be always with you.

*People*             And also with you.

*The people exchange the peace of the Lord.*

## The Liturgy of the Eucharist (p.9-14 of Blue Prayer Book)

### Offertory

*Officiant*

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High. *Psalm 50:14*

Let us with gladness present the offerings and oblations of our life and labor to the Lord.

### Offertory Song

#### # 145 - "Trust And Obey"

*Verse 1*

When we walk with the Lord  
in the light of His Word,  
What a glory He sheds on our way!  
While we do His good will,  
He abides with us still,  
And with all who will trust and obey.

*Chorus*

Trust and obey, for there's no other way  
To be happy in Jesus,  
but to trust and obey.

*Verse 2*

Not a shadow can rise,  
not a cloud in the skies,  
But His smile quickly drives it away;  
Not a doubt nor a fear,  
not a sigh nor a tear;  
Can abide while we trust and obey.

*Verse 3*

Not a burden we bear,  
not a sorrow we share,  
But our toil He doth richly repay;  
Not a grief nor a loss;  
not a frown nor a cross,  
But is blest if we trust and obey.

### “祈求就得成全”

1 救主耶穌曾講，  
無論祈求什麼，  
若有信心就得着成就，  
就是對大山說  
從此挪去海裏，  
若無訝疑就的確成就。

和：將你的事完全交託救主，  
又當專心倚靠主，  
祂就的確成就。

2 奉耶穌的聖名，  
無論祈求什麼，  
天父的確會給咱成就，  
信主稱義的人  
祈禱有大功效，  
天父愛聽義人的祈求。

3 心內注重罪孽，  
無論祈求什麼，  
天父不聽這人的祈求，  
不可順趁私慾  
為宴樂求什麼，  
天父的確不給他成就。

*Verse 4*

But we never can prove,  
the delights of His love,  
Until all on the altar we lay,  
For the favor He shows,  
and the joy He bestows  
Are for them who will trust and obey.

4 咱若照主旨意，  
無論祈求什麼，  
祂就的確聽咱的祈求，  
既然知祂聽咱  
一切所求的話，  
就深信祂的確會成就。

*After the offerings are collected, the people sing*

All things come of Thee, O Lord. And of Thine own have we given Thee. Amen.

### **The Great Thanksgiving**

*The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says*

The Lord be with you.

*People* And also with you.

*Celebrant* Lift up your hearts.

*People* We lift them up to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give Him thanks and praise.

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to You, Father Almighty, Creator of heaven and earth.

*Here a proper preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore we praise You, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of Your Name:

*Celebrant and People*

Holy, Holy, Holy, Lord, God of hosts,  
heaven and earth are full of Thy glory.  
Glory be to Thee, O Lord Most High! Amen.

*The people stand or kneel.*

*Then the Celebrant continues*

Holy and gracious Father: In Your infinite love You made us in Your image, and, when we fell into sin and become subject to evil and death, You, in Your mercy, sent Jesus Christ, Your only and eternal Son, to share our human nature, to live and die as one of us. He stretched out His arms upon the cross, and offered Himself, in obedience to Your will, a perfect sacrifice for all mankind, to reconcile us to You, the God and Father of all.

*At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night He was betrayed, our Lord Jesus Christ took bread; and when He had given thanks to You, He broke it, and gave it to His disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper He took the cup of wine; and when He had given thanks, He gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

*Celebrant and People*

Christ has died.

Christ is risen.

Christ will come again.

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving and we offer You these gifts, recalling His death, resurrection, and ascension.

Sanctify them by Your Holy Spirit to be for Your people the Body and Blood of Your Son, the holy food and drink of new and unending life in Him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve You in unity, constancy, and peace; and at the last day bring us with all Your saints into the joy of Your eternal kingdom.

All this we ask through Your Son Jesus Christ. All honor and glory is Yours, Almighty Father, now and forever. *Amen.*

As our Savior Christ has taught us, we now pray,

Our Father, who art in heaven, hallowed be Thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### **The Breaking of the Bread**

V. Blessed are those who are invited to the marriage supper of the Lamb.

R. Let us rejoice and exult and give the glory to the Lord.

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on Him in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

*The Bread and the Cup are given to the communicants with these words*

The Body (Blood) of our Lord Jesus Christ keep you in everlasting life. [*Amen.*]

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People*

Almighty and everliving God, we thank You for feeding us with the spiritual food of the most precious Body and Blood of Your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Your Son, and heirs of Your eternal kingdom. And now, Father, send us out to do the work You have given us to do, to love and serve You as faithful witnesses of Christ our Lord. To Him, to You, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

### **The Blessing**

*The Bishop, when present, or the Priest, may bless the people with either of the following*

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God and of His Son, Jesus Christ, our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit be amongst you, and remain with you always. Amen.

*The threefold amen follows.*

### **Announcements**

#### **Closing Song**

#### **222-2 - "Stand Up, Stand Up For Jesus"**

Stand up, stand up for Jesus,  
ye soldiers of the cross;  
lift high His royal banner,  
it must not suffer loss.  
From victory unto victory  
His army shall He lead,  
till every foe is vanquished,  
and Christ is Lord indeed.

Stand up, stand up for Jesus,  
the trumpet call obey;  
forth to the mighty conflict,  
in this His glorious day.  
Ye that are men now serve Him,  
against unnumbered foes;  
your courage rise with danger,  
and strength to strength oppose.

#### **“壯胆壯胆為耶穌”**

- 1 壯膽壯膽為耶穌，  
咱由耶穌受贖，  
咱王戰旗當舉高，  
不准祂名受辱，  
主領軍兵打對敵，  
直到伊都降服，  
一定連連會得勝，  
萬國都歸基督。
- 2 壯膽壯膽為耶穌，  
號筒的聲在迫，  
今日是主榮光日，  
今日要破對敵，  
仇讎甚多甚兇惡，  
基督的兵免驚，  
戰場愈險膽愈壯，  
心志益發勇健。

Stand up, stand up for Jesus,  
stand in His strength alone;  
the arm of flesh will fail you,  
ye dare not trust your own.  
Put on the gospel armour,  
each piece put on with prayer;  
where duty calls or danger,  
be never wanting there. Amen.

3 壯膽壯膽為耶穌，  
一心靠主能力，  
血氣的力不足額，  
靠己都無利益，  
當穿福音的盔甲，  
儆醒祈禱不息，  
遇着危險勿推辭，  
不嫌艱苦勞碌。阿們。

Postlude