

# The Holy Eucharist – Lent Season

*3<sup>rd</sup> Sunday in Lent*

*March 12, 2023*

## Prelude

## Opening Rites

*The celebrant may begin with words of welcome using the following passages*

To the Lord our God belong mercy and forgiveness, because we have rebelled against him and have not obeyed the voice of the Lord our God by following his laws which he set before us. *Daniel 9:9,10*

*Celebrant*

Let us all rise for the opening hymn.

## Opening Hymn

### #71 – “Now Thank We All Our God” vv.1-2

Now thank we all our God,  
with heart and hands and voices,  
who wondrous things hath done,  
in whom his world rejoices;  
who from our mother’s arms  
hath blest us on our way  
with countless gifts of love,  
and still is ours today.

O may this bounteous God  
through all our life be near us,  
with ever joyful hearts  
and blessed peace to cheer us;  
and keep us in His grace,  
and guide us when perplexed;  
and free us from all ills,  
in this world and the next. Amen.

## “咱來感謝上帝”

- 1 咱來感謝上帝，  
同心同聲讚美祂，  
主行奇妙權能，  
萬國萬民當歡喜，  
咱從母胎出世，  
祂就賜福齊備，  
用祂無限慈愛，  
一切給咱安排。
- 2 懇求上帝施恩，  
使阮與祢相親近，  
賜阮喜樂的心，  
也賜平安與穩順，  
用祢恩惠保守，  
危險得着拯救，  
使阮脫離災害，  
無再痛苦悲哀。阿們。

## **Greeting**

*All standing*

V. The Lord be with you.

R. And also with you.

V. I was glad when they said to me,

R. "Let us go to the house of the Lord."

V. O come, let us sing to the Lord;

R. Let us shout for joy to the Almighty Savior.

V. God is spirit.

R. Those who worship Him must worship in spirit and in truth.

V. Praise be to God: Father, Son, and Holy Spirit.

R. And praise be to His kingdom now and forever.

*In Lent and on other penitential occasions*

*Celebrant* Bless the Lord who forgives all your sins;

*People* His mercy endures forever.

*The Celebrant may say the following prayer or any other appropriate prayer*

Almighty God, to You all hearts are open, all desires known, and from You no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of Your Holy Spirit, that we may perfectly love You, and worthily magnify Your holy Name; through Christ our Lord. *Amen.*

## **Song of Praise**

*On other occasions the following is used*

Lord, have mercy upon us.

*Christ, have mercy upon us.*

Lord, have mercy upon us.

## **Collect of the Day**

*The Celebrant says to the people*

The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

*The Celebrant says the Collect.*

Almighty God, You know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities

which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

*People* Amen.

## The Liturgy of the Word

### The Lessons

*The people sit.*

The First Reading (Lesson) from Exodus 14:1-6, 10-14, 21-23, and 27-30.

After each Reading, the Reader may say

The word of the Lord.

*People* Thanks be to God.

The Second Reading (Lesson) from 1 Peter 5:6-11.

After each Reading, the Reader may say

The word of the Lord.

*People* Thanks be to God.

### Anthem - "I Am"

Michael W. Smith | Wayne Hilliard

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I Am, I Am, I Am the Great I Am

I am the Root of David,  
The Bright and Morning Star  
I am the Lion of Judah  
I Am, I Am

I am Alpha and Omega,  
The Beginning and the End,  
The First and the Last,  
I Am. I Am the Great I Am

I am faithful and true  
I am the Word of God,  
I am the Lamb  
I am the Spotless Lamb  
I Am

I am the Resurrection,  
And He that lives  
I am alive forever  
Amen!

I am King of kings  
And Lord of lords  
I am Holy, Holy Lord  
God Almighty which was, and is, and is to  
come

Finale  
I am God Almighty  
Which was, and is, and is to come  
I Am. I Am. I Am that I Am.  
I Am, I Am, I Am the Great I Am!

## **The Gospel**

*Then, all standing, the Deacon or a Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Luke 12:22-26.

*People* Glory be to Thee, O Lord.

*After the Gospel, the Reader says*

The Gospel of the Lord.

*People* Praise be to Thee, O Christ.

**The Sermon by Rev. Justin Fung** ( [https://youtube.com/live/LNysp9yo5\\_k?feature=share](https://youtube.com/live/LNysp9yo5_k?feature=share) )

## **The Nicene Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through Him all things were made.  
For us men and for our salvation  
He came down from heaven:  
conceived by the Holy Spirit  
He became incarnate from the virgin Mary,  
and was made man.  
For our sake He was crucified under Pontius Pilate;  
He suffered death and was buried.  
On the third day He rose again  
in accordance with the Scriptures;  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.

With the Father and the Son He is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### **The Prayers of the People**

V. Show us your mercy, O Lord;

R. And grant us your salvation.

V. Clothe your ministers with righteousness;

R. Let your people sing with joy.

V. Give peace, O Lord, in all the world;

R. For only in you can we live in safety.

V. Lord, keep this nation under your care;

R. And guide us in the way of justice and truth.

V. Let your way be known upon earth;

R. Your saving health among all nations.

V. Let not the needy, O Lord, be forgotten;

R. Nor the hope of the poor be taken away.

V. Create in us clean hearts, O God;

R. And sustain us with your Holy Spirit.

V. Let us now pray for our own needs and those of others.

*Moment of Silence*

### **Closing Collect**

O Lord our God, accept the fervent prayers of Your people; in the multitude of Your mercies, look with compassion upon us and all who turn to You for help; for You are gracious, O lover of souls, and to You we give glory, Father, Son, and Holy Spirit, now and for ever. *Amen.*

### **Confession**

*The Celebrant may read one of the following sentences*

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." Mark 12:29-31

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Minister and People*

Most merciful God, we confess that we have sinned against You in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved You with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of Your Son Jesus Christ, we pray You of Your mercy: forgive what we have been, amend what we are, direct what we shall be; that we may delight in Your will, and walk in Your ways, to the glory of Your Name. Amen.

*The Bishop, when present, or the Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### **Prayer of Humble Access**

Most merciful Lord, we do not trust in our own merits to come to Your table, but in Your boundless grace. You have invited us to come to the table of the Kingdom of Heaven. Help us to partake of the body and blood of Your Son, Jesus Christ, that we may ever-more live in Him, and He in us. Amen.

### **The Peace**

*All stand. The Celebrant says to the people*

Our Lord Jesus Christ says: "Peace I leave with you; my peace I give to you. Not as the world gives do I give to you."

*Celebrant*           The peace of the Lord be always with you.

*People*             And also with you.

*The people exchange the peace of the Lord.*

## **The Liturgy of the Eucharist**

### **Offertory**

Ascribe to the Lord the honor due His Name; bring offering and come into His courts. *Psalm 96:8*

Let us with gladness present the offerings and oblations of our life and labor to the Lord.

## #232 - "Jesus Saviour, Pilot Me"

Jesus, Saviour, pilot me  
over life's tempestuous sea;  
Unknown waves before me roll,  
hiding rock and treach'rous shoal;  
Chart and compass come from Thee:  
Jesus, Saviour, pilot me.

As a mother stills her child,  
Thou canst hush the ocean wild;  
Boisterous waves obey Thy will  
when Thou say'st to them, "Be still."  
Wondrous Sov'reign of the sea,  
Jesus, Saviour, pilot me.

When at last I near the shore,  
and the fearful breakers roar  
Twixt me and the peaceful rest,  
then, while leaning on Thy breast,  
May I hear Thee say to me,  
"Fear not, I will pilot thee." Amen.

*After the offerings are collected, the people sing*

All things come of Thee, O Lord. And of Thine own have we given Thee. Amen.

## The Great Thanksgiving

*Eucharistic Prayer*

*The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says*

The Lord be with you.

*People* And also with you.

*Celebrant* Lift up your hearts.

*People* We lift them up to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give Him thanks and praise.

*Then, facing the Holy Table, the Celebrant proceeds*

## “我救主願祢引導”

- 1 我救主願祢引導，  
有風浪快要淹我，  
大波浪在大船邊，  
又暗石都不看見，  
主祢有南針海圖，  
願這時來領我路。
- 2 如母親在養小子，  
主會使狂風平定，  
昔吩咐大浪平靜，  
風和海就從命令，  
各時刻主都照顧，  
願救主來領我路。
- 3 狂風靜路行將盡，  
海浪過去在後面，  
前面有安息所在，  
依靠主永不受害，  
主聲音好聽無比，  
不須驚我引導你。阿們。

It is right, and a good and joyful thing, always and everywhere to give thanks to You, Father Almighty, Creator of heaven and earth.

*Here a proper preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore we praise You, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of Your Name:

*Celebrant and People*

Holy, Holy, Holy, Lord, God of hosts,  
heaven and earth are full of Thy glory.  
Glory be to Thee, O Lord Most High! Amen.

*The people stand or kneel.*

*Then the Celebrant continues*

Holy and gracious Father: In Your infinite love You made us in Your image, and, when we fell into sin and become subject to evil and death, You, in Your mercy, sent Jesus Christ, Your only and eternal Son, to share our human nature, to live and die as one of us. He stretched out His arms upon the cross, and offered Himself, in obedience to Your will, a perfect sacrifice for all mankind, to reconcile us to You, the God and Father of all.

*At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night He was betrayed, our Lord Jesus Christ took bread; and when He had given thanks to You, He broke it, and gave it to His disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper He took the cup of wine; and when He had given thanks, He gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

*Celebrant and People*

Christ has died.  
Christ is risen.  
Christ will come again.

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving and we offer You these gifts, recalling His death, resurrection, and ascension.

Sanctify them by Your Holy Spirit to be for Your people the Body and Blood of Your Son, the holy food and drink of new and unending life in Him. Sanctify us also that we may faithfully receive this

holy Sacrament, and serve You in unity, constancy, and peace; and at the last day bring us with all Your saints into the joy of Your eternal kingdom.

All this we ask through Your Son Jesus Christ. All honor and glory is Yours, Almighty Father, now and forever. *Amen.*

As our Savior Christ has taught us, we now pray,  
Our Father, who art in heaven, hallowed be Thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### **The Breaking of the Bread**

V. Blessed are those who are invited to the marriage supper of the Lamb.  
R. Let us rejoice and exult and give the glory to the Lord.

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on Him in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

*The Bread and the Cup are given to the communicants with these words*

The Body (Blood) of our Lord Jesus Christ keep you in everlasting life. [*Amen.*]

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People*

Almighty and everliving God, we thank You for feeding us with the spiritual food of the most precious Body and Blood of Your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Your Son, and heirs of Your eternal kingdom. And now, Father, send us out to do the work You have given us to do, to love and serve You as faithful witnesses of Christ our Lord. To Him, to You, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

### **The Blessing**

*The Bishop, when present, or the Priest, may bless the people with either of the following*

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God and of His Son, Jesus Christ, our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit be amongst you, and remain with you always. Amen.

### **Announcements**

1. For our regular worship service on March 26 8:30AM and as part of our 120th anniversary, we will be remembering our members and regular worship attendees who have passed away since the pandemic in 2020. Together we will praise God for the lives and witness of our fellow worshippers and look to Him to sustain us

as we continue on our own journey in this life. All family members are welcome to join us to be prayed for during the service. Again, this will be during our regular service on March 26 8:30AM.

2. Choir Auditions, every Saturday from March to April, 6pm at the Music Room
3. Our Church Camp Orientation will be on March 19 here at the sanctuary after the worship service
4. Churchmen's Fellowship will take place at the MK room later at 10:15am while Churchwomen's fellowship will take place online via zoom later at 3:00pm

### Closing Song

#### #75 - "A Mighty Fortress Is Our God"

A mighty fortress is our God,  
a bulwark never failing;  
our helper He amid the flood  
of mortal ills prevailing.  
For still our ancient foe  
doth seek to work us woe;  
his craft and power are great,  
and armed with cruel hate,  
on earth is not his equal.

Did we in our own strength confide,  
our striving would be losing,  
were not the right Man on our side,  
the Man of God's own choosing.  
Dost ask who that may be?  
Christ Jesus, it is He;  
Lord Sabaoth, His name,  
from age to age the same,  
and He must win the battle.

And though this world, with devils filled,  
should threaten to undo us,  
we will not fear, for God hath willed  
His truth to triumph through us.  
The Prince of Darkness grim,  
we tremble not for him;  
his rage we can endure,  
for lo, his doom is sure;  
one little word shall fell him. Amen.

### Postlude

### “上帝做咱堅固營寨”

- 1 上帝做咱堅固營寨，  
做咱盾牌到萬世，  
雖有危險艱苦阻礙，  
咱免驚惶不受害，  
咱的君王興起，靠祂奇妙計智，  
魔鬼雖然兇猛，我主有大權能，  
咱的上帝永得勝。
- 2 咱若倚靠自己能力，  
就沒氣力勝對敵，  
全能的主發出號令，  
與惡交戰穩得勝，  
君王什麼名字，耶穌基督就是，  
祂是獨一無二，上帝獨生的子，  
靠祂交戰穩當贏。
- 3 世界充滿魔鬼計謀，  
主會保護眾信徒，  
咱不免驚仇敵陷害，  
主的真理永同在，  
魔鬼恐嚇的聲，我心全然無驚，  
只要主出一聲，對敵驚惶四散，  
罪惡權勢不害我。阿們。